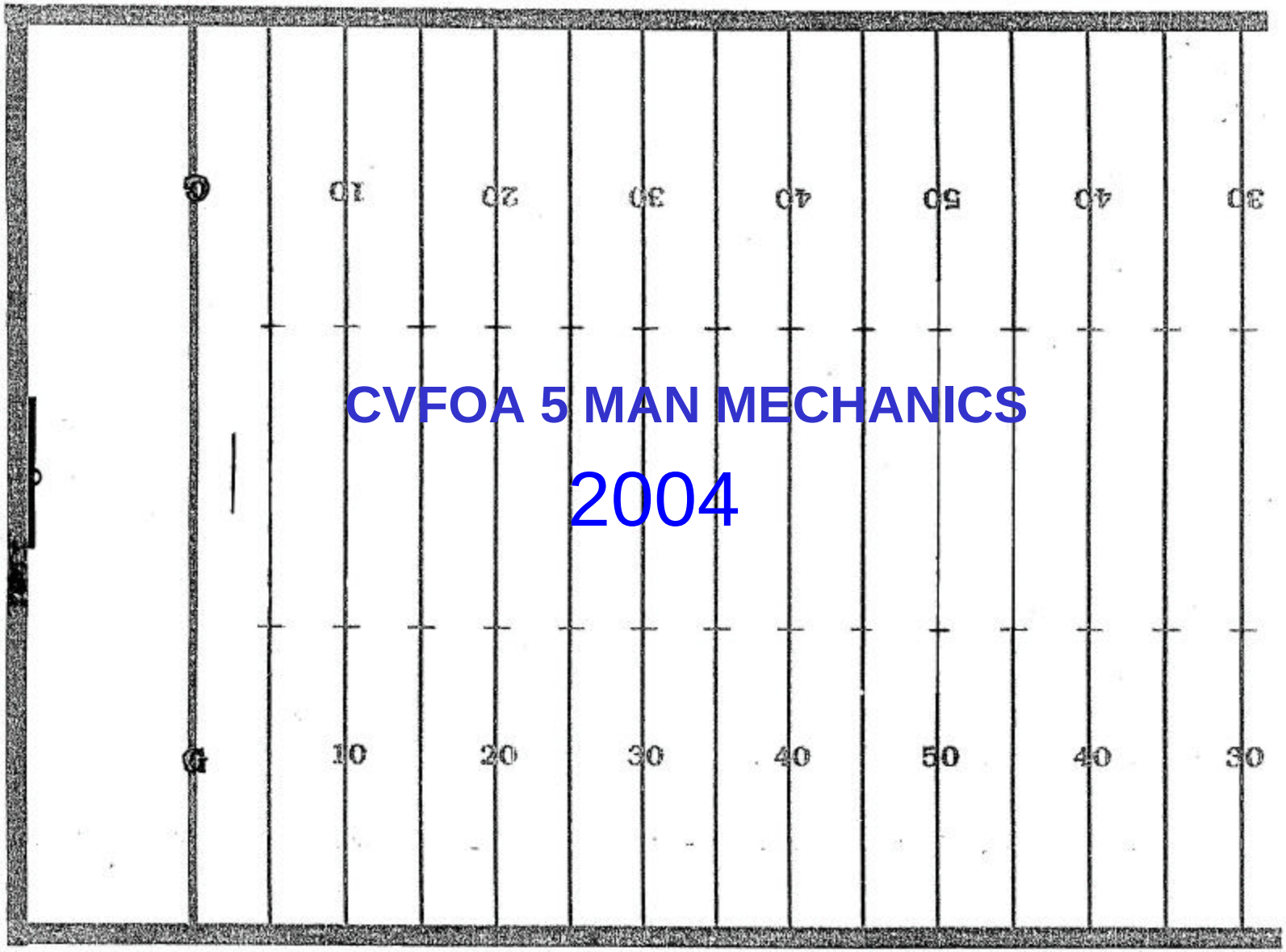
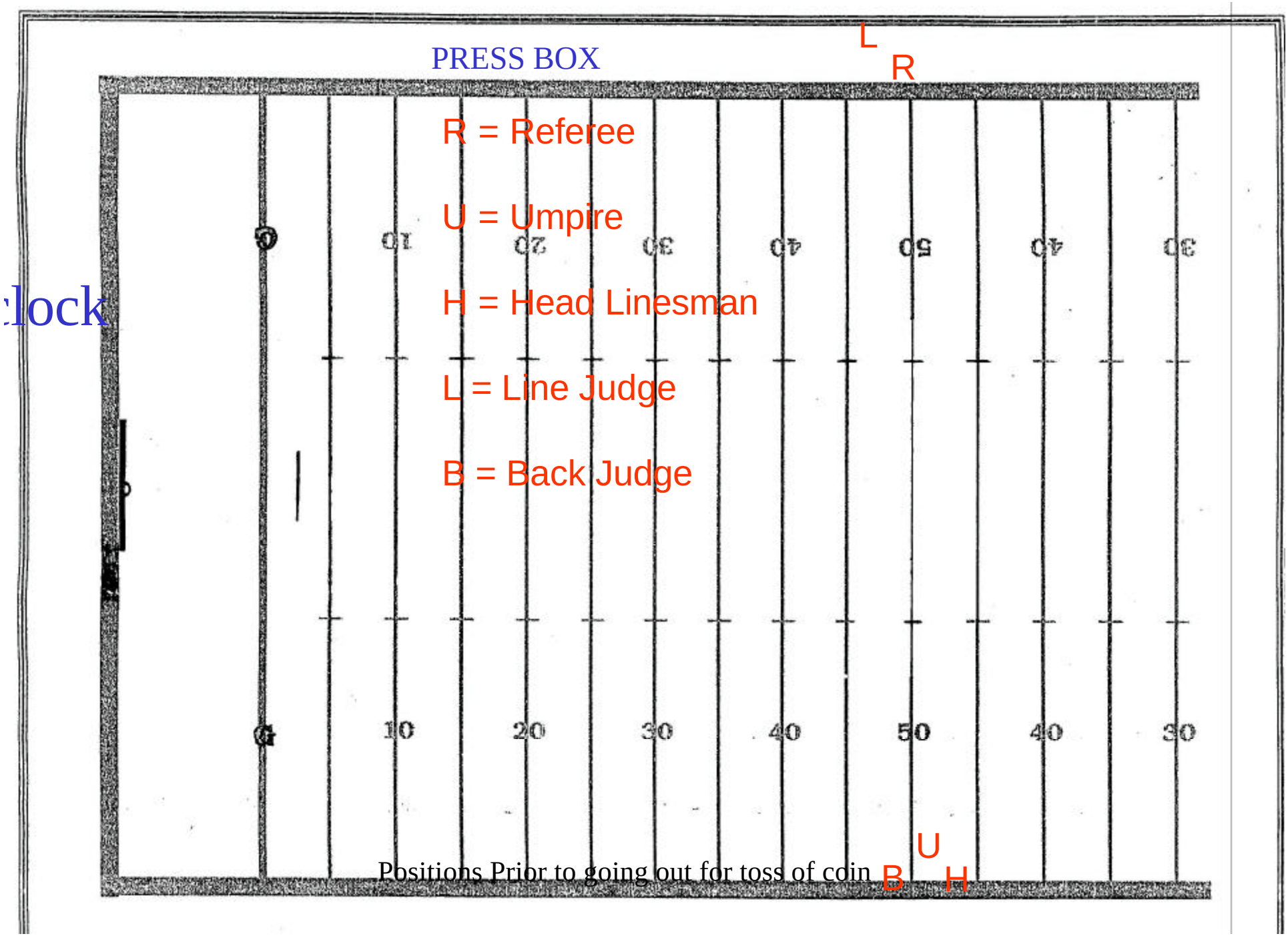
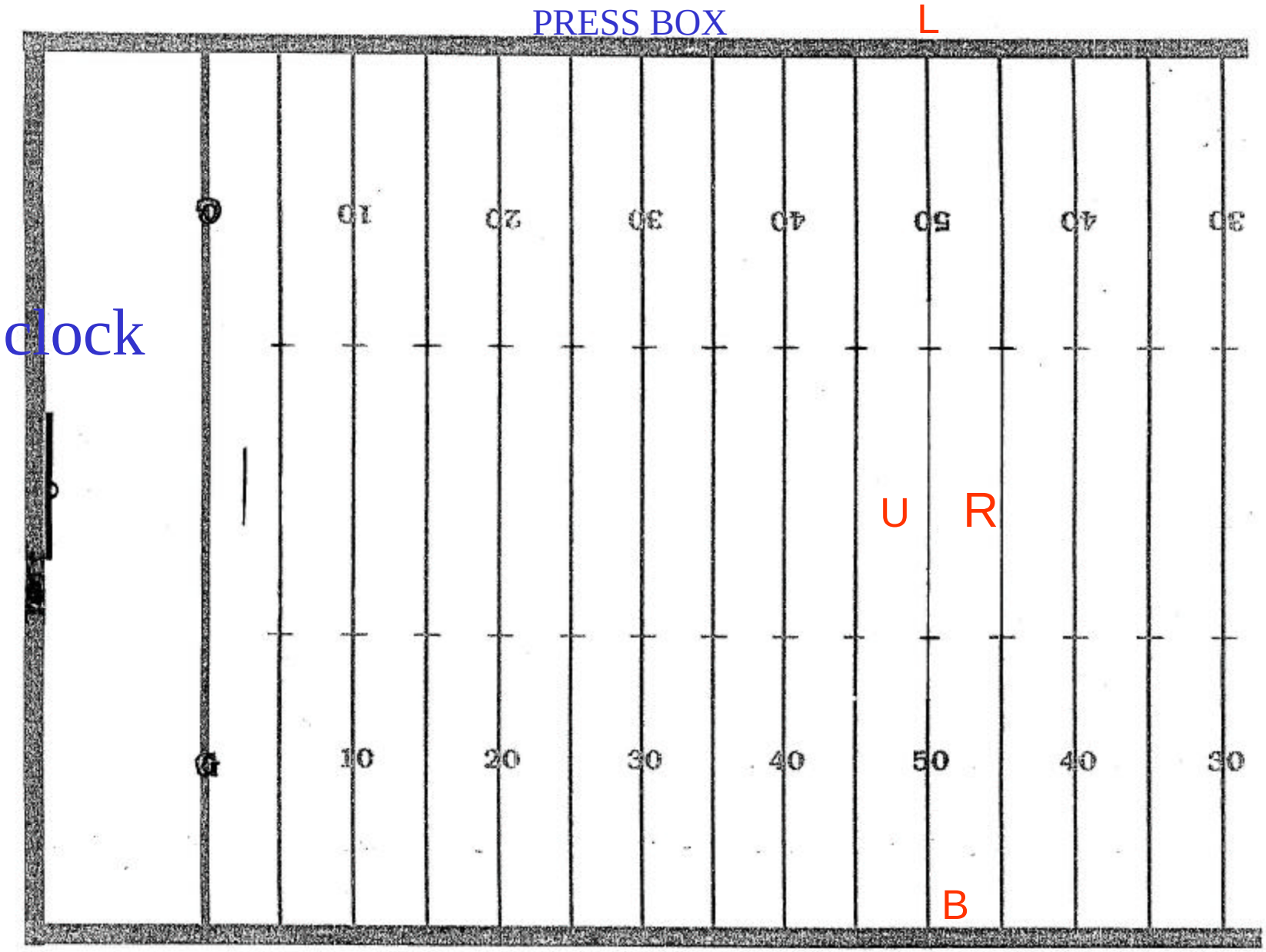


CVFOA 5 MAN MECHANICS

2004



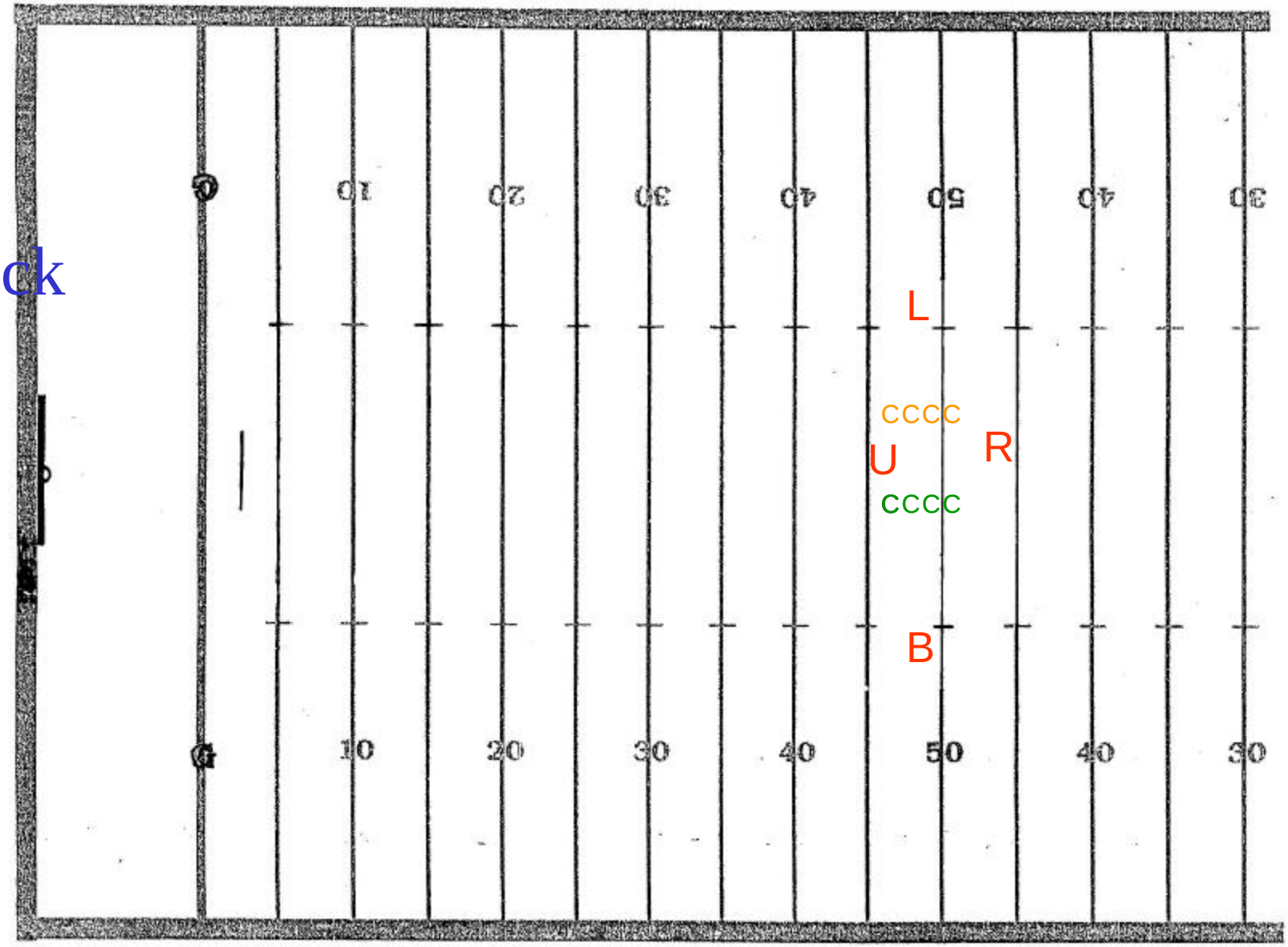
Positions Prior to going out for toss of coin



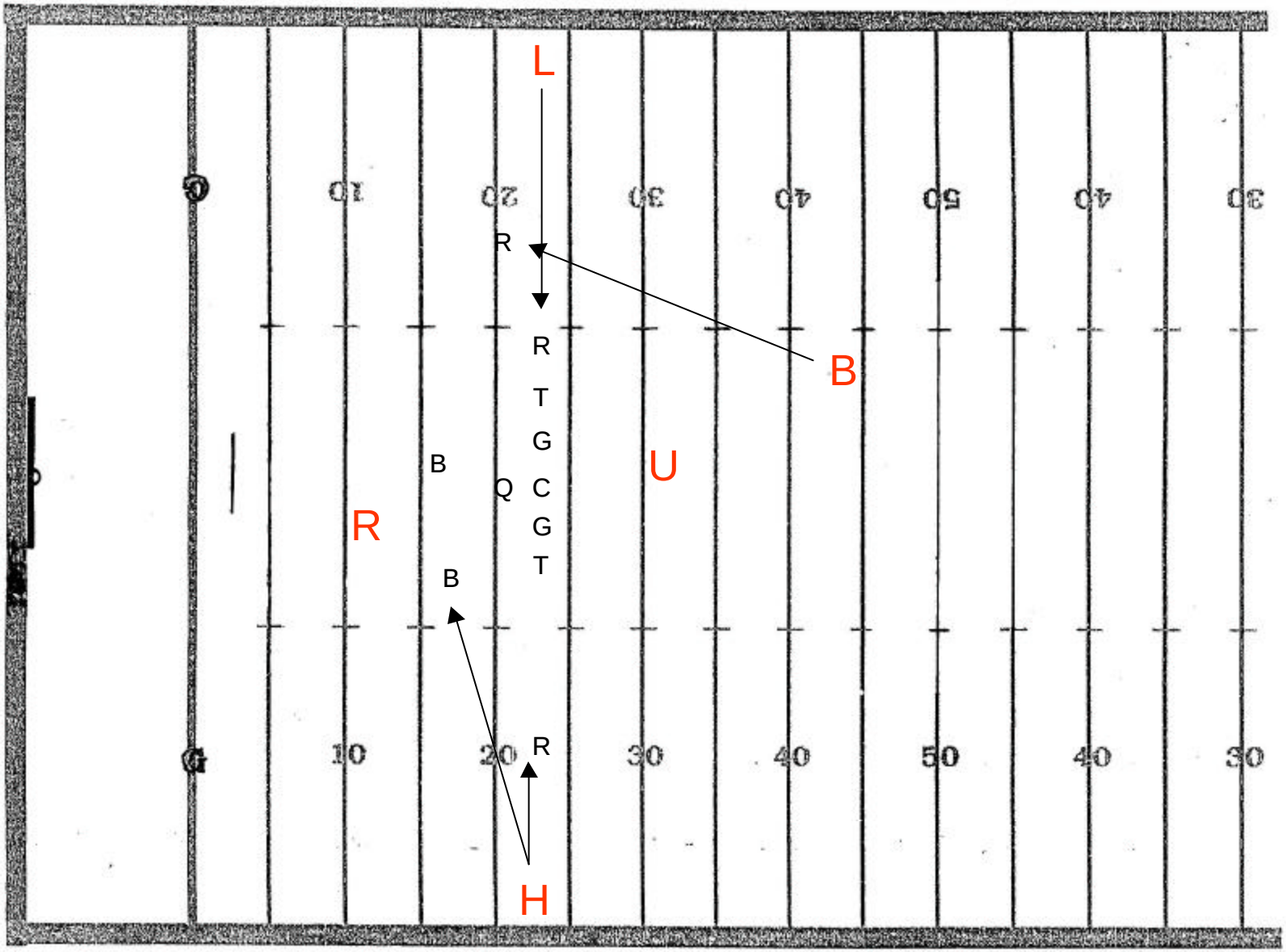
L & B bring out the captains for the coin toss

PRESS BOX

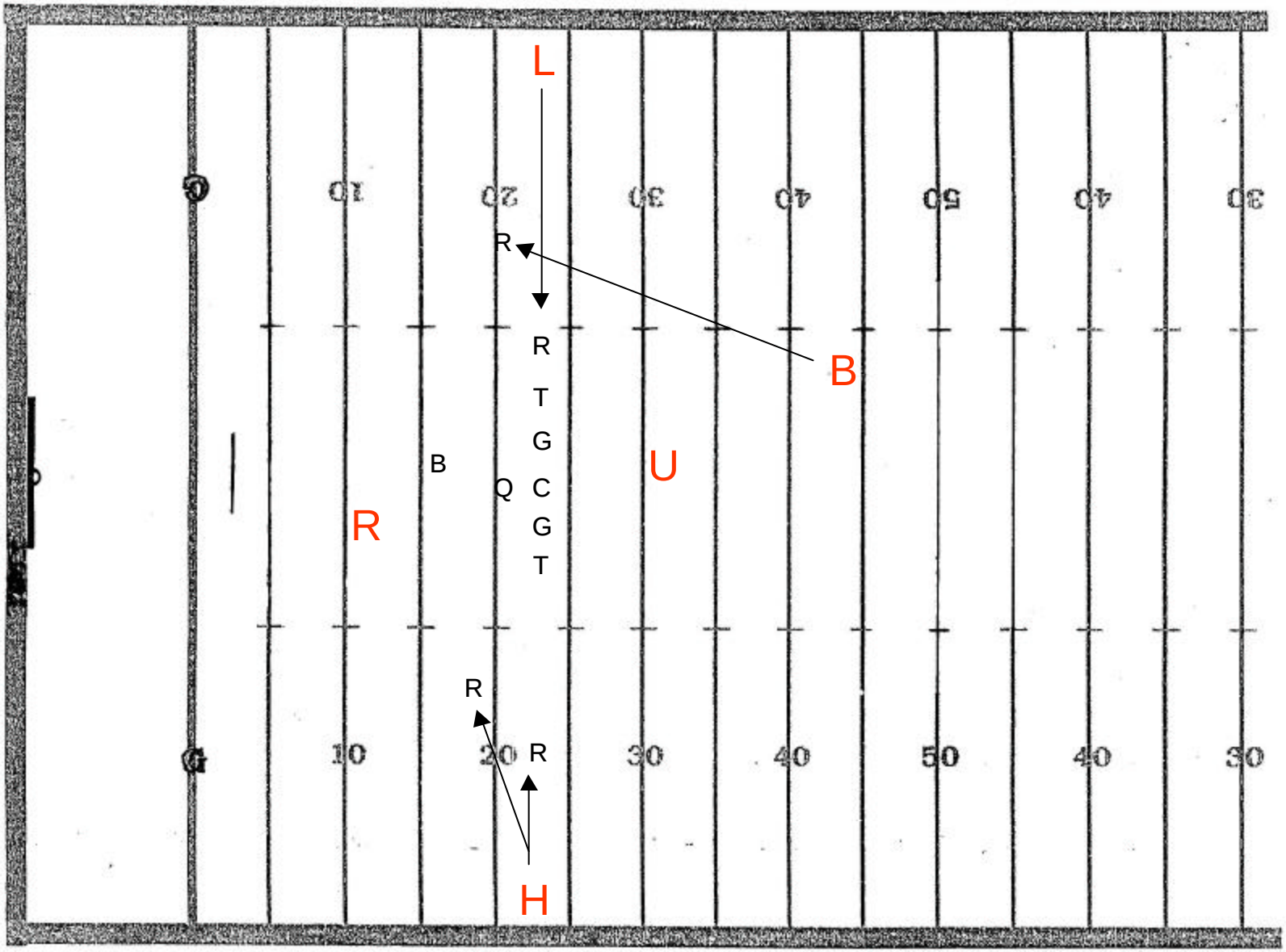
clock



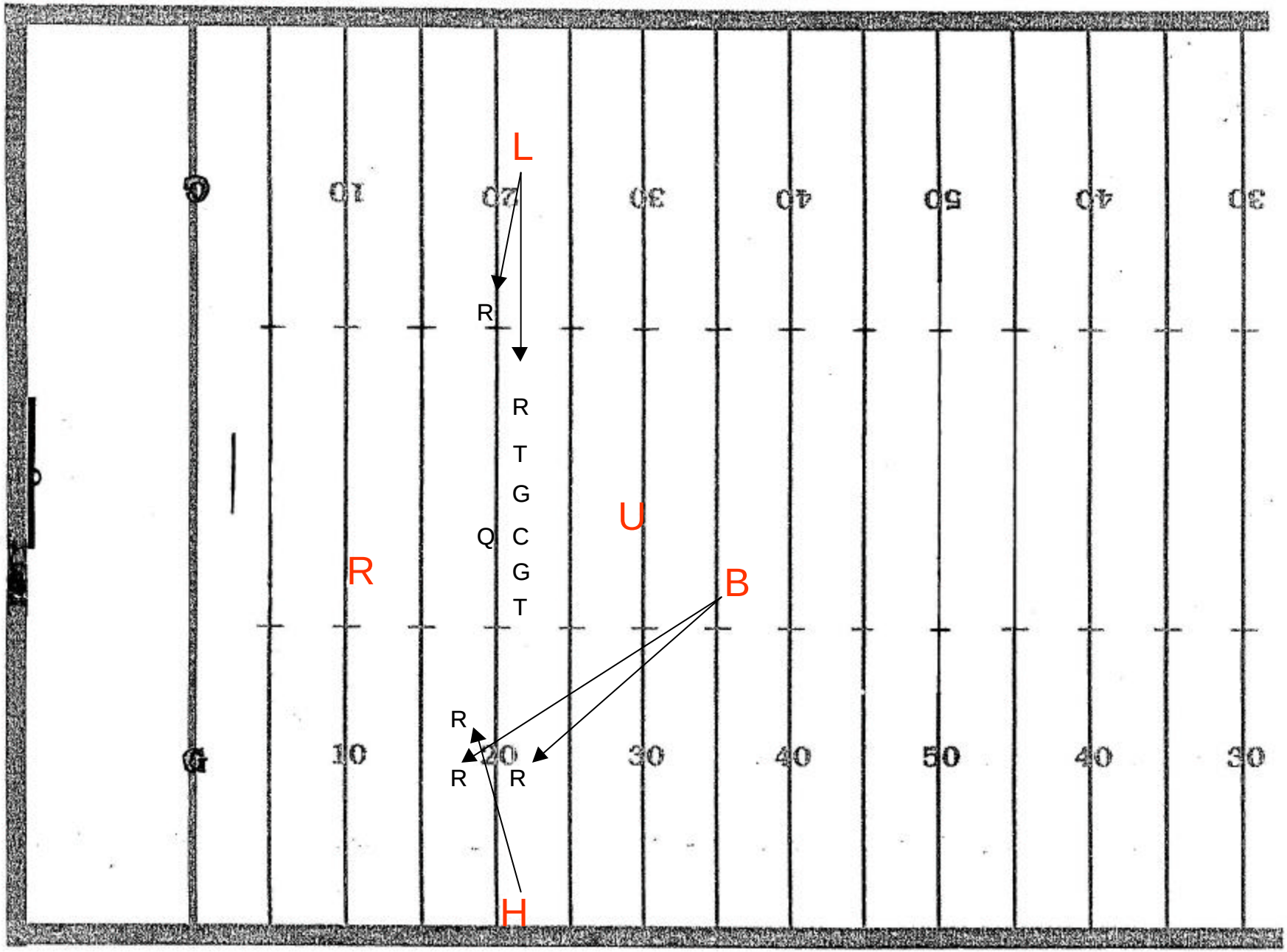
Final Positions for Toss of Coin to start either half or O.T.



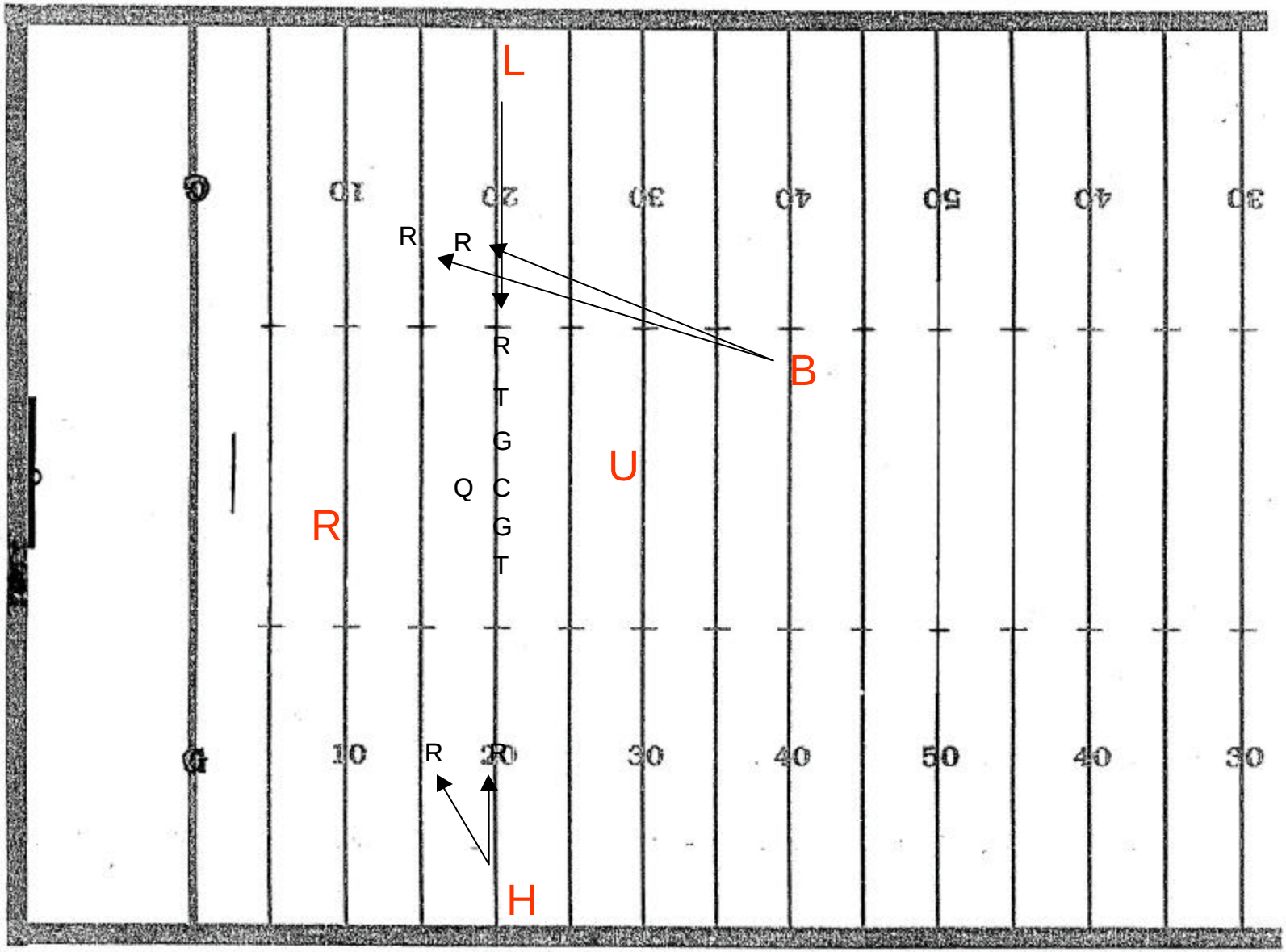
Two Back Formation – Three Receivers



One Back Formation – Four Receivers

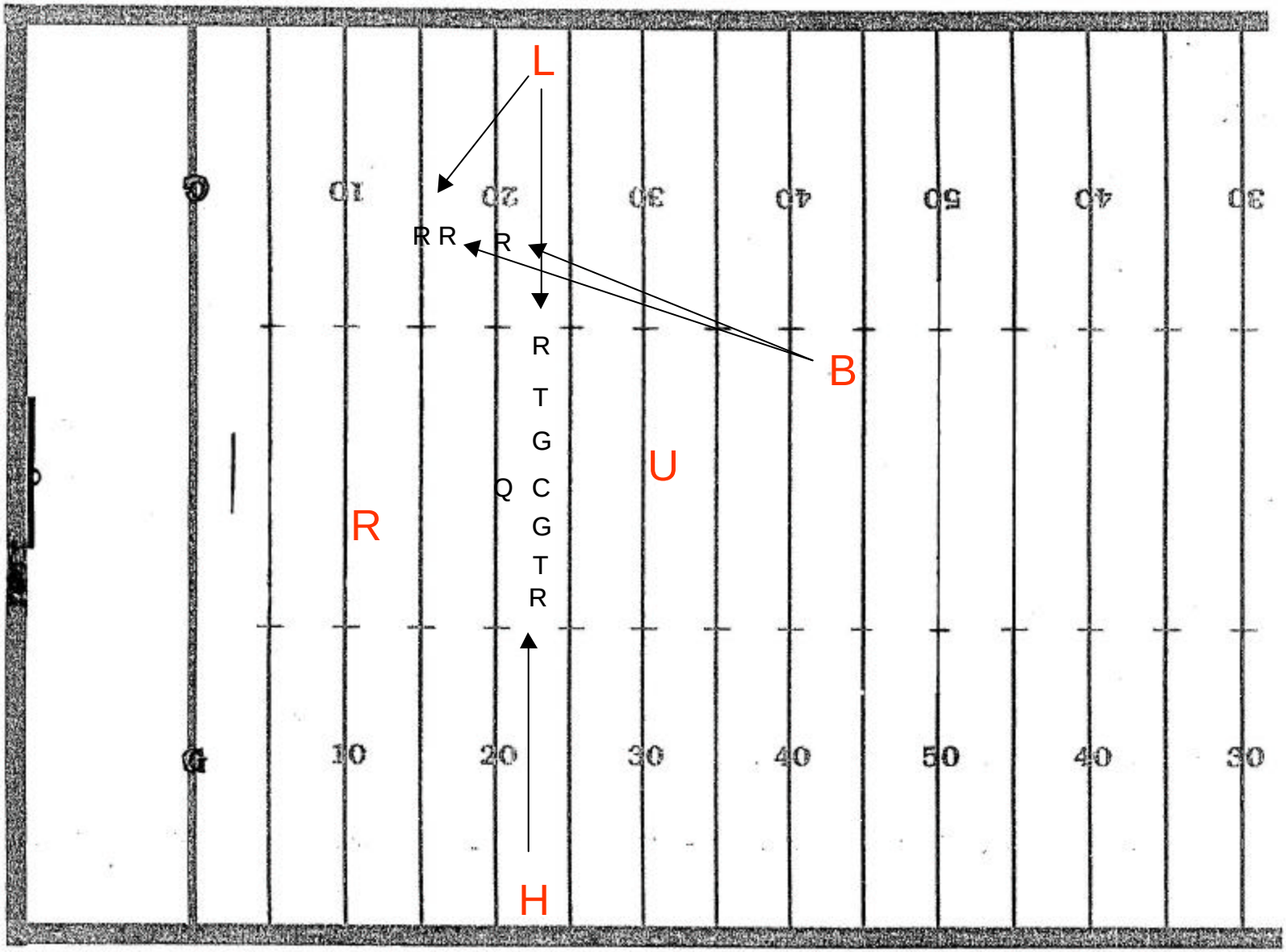


No Back Formation – Five Receivers

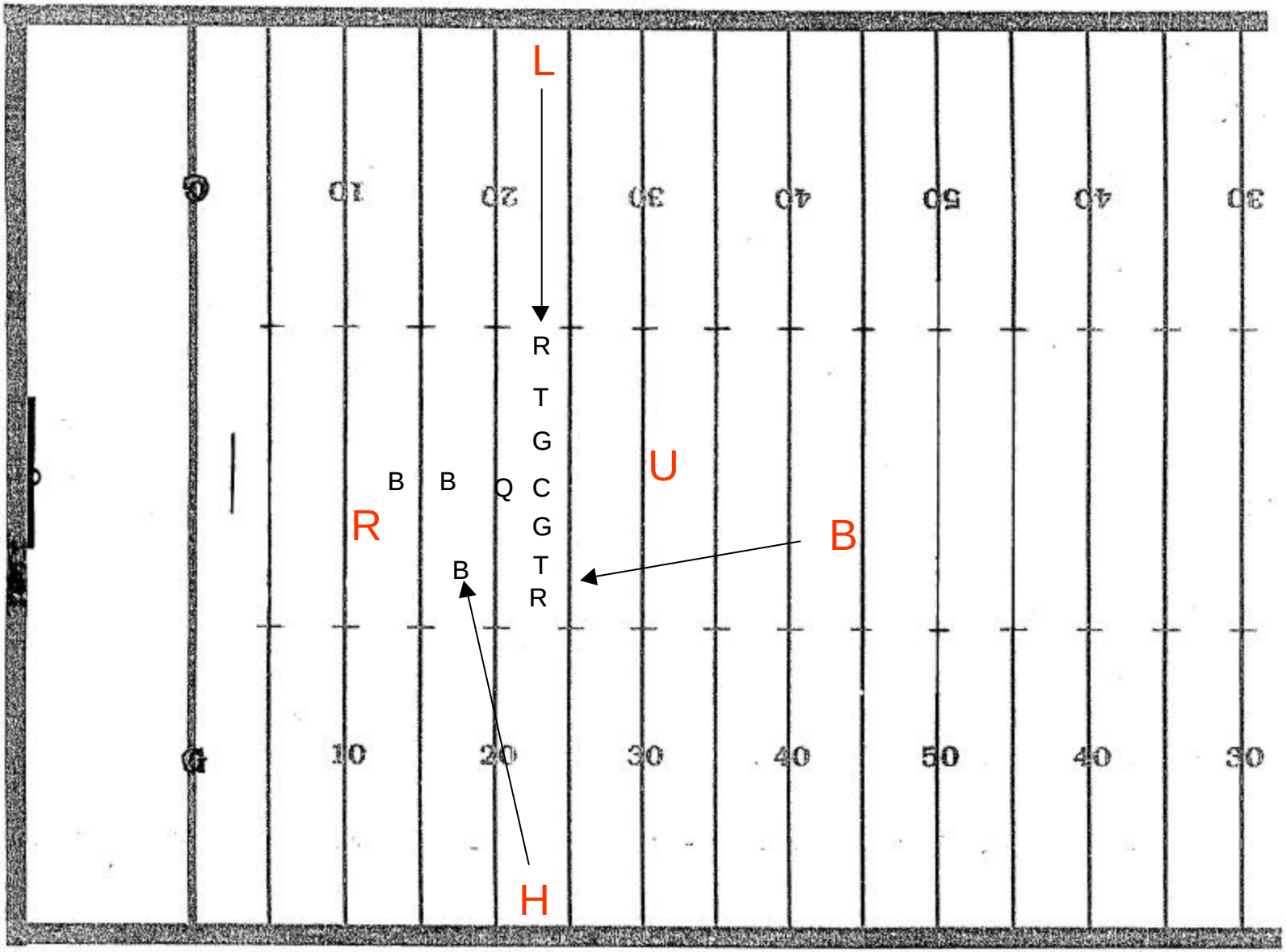


No Back Formation – Five Receivers

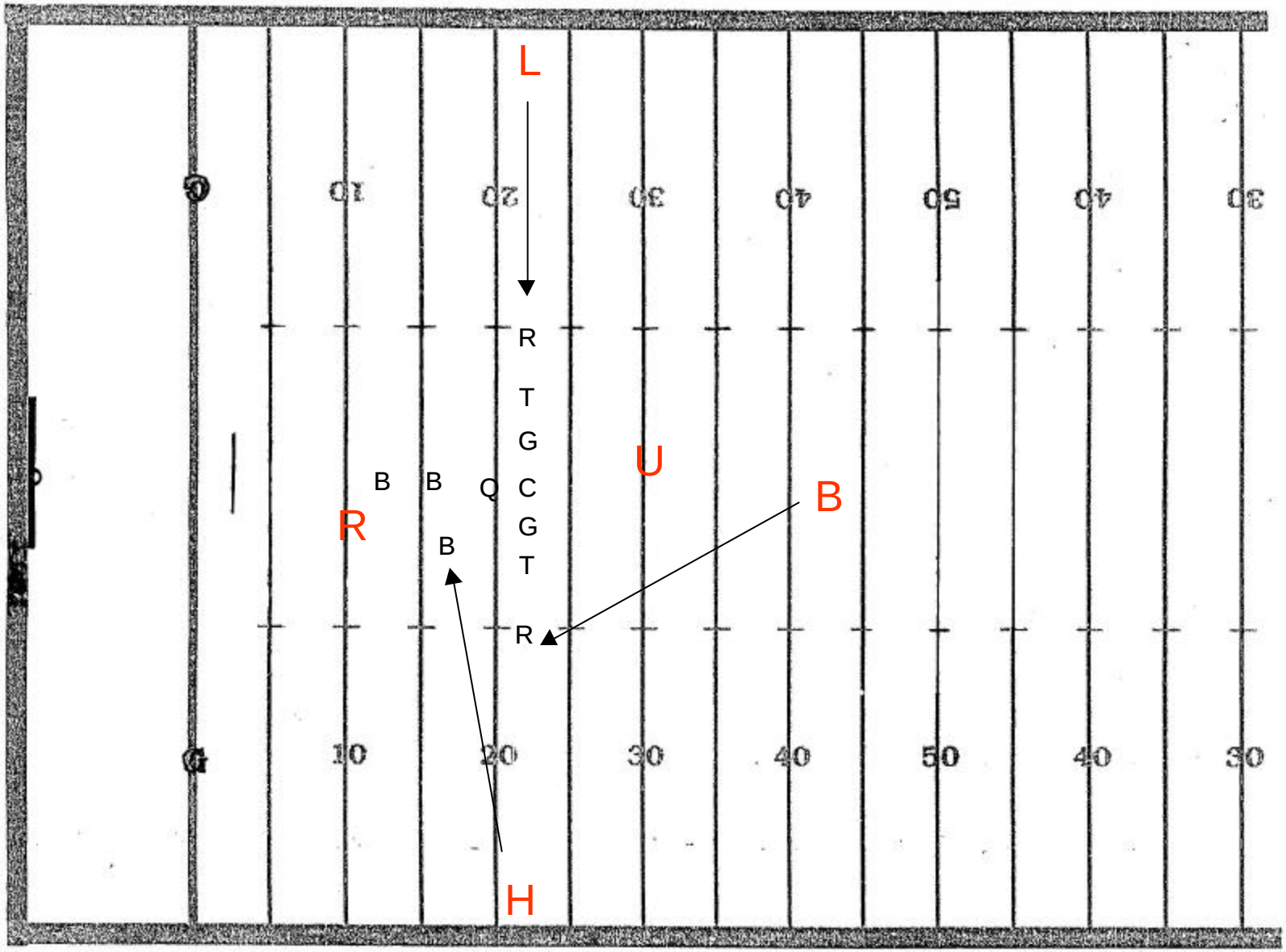
L
B
U
R
H
R
R
R
T
G
Q
C
G
T
R
R
10
20
30
40
50
40
30



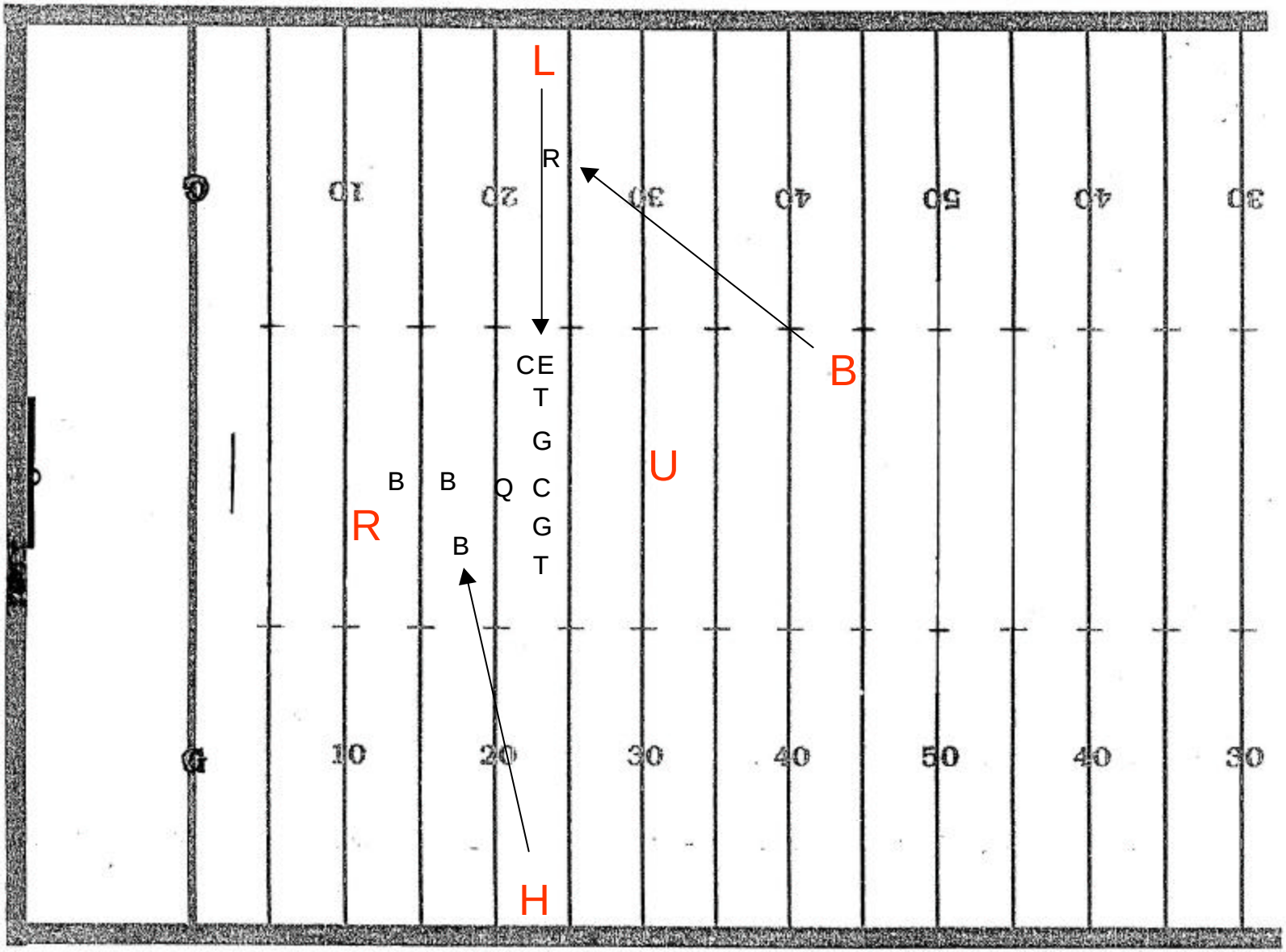
No Back Formation – Five Receivers Trips to one side



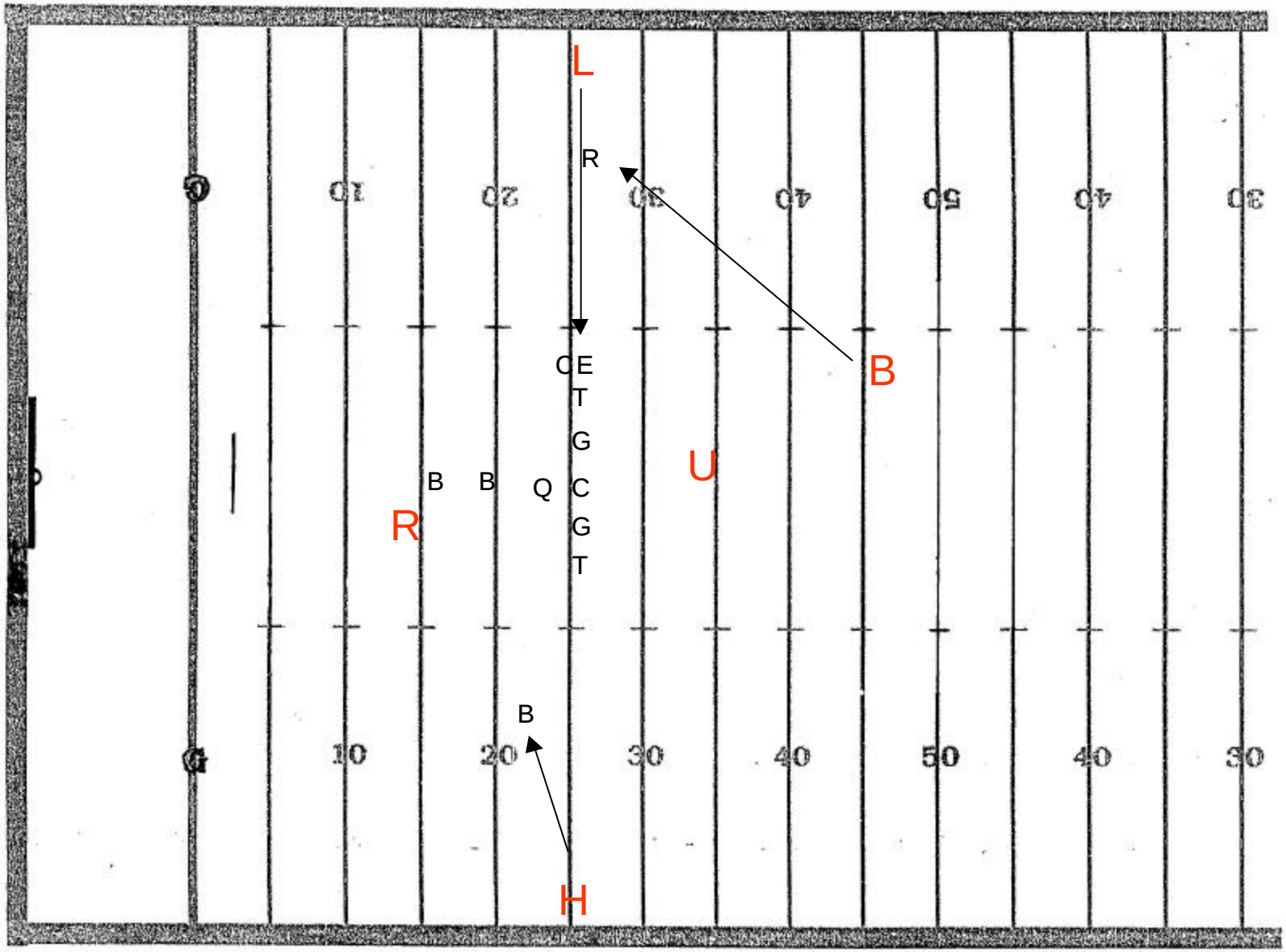
I formation Strong to H side (right)



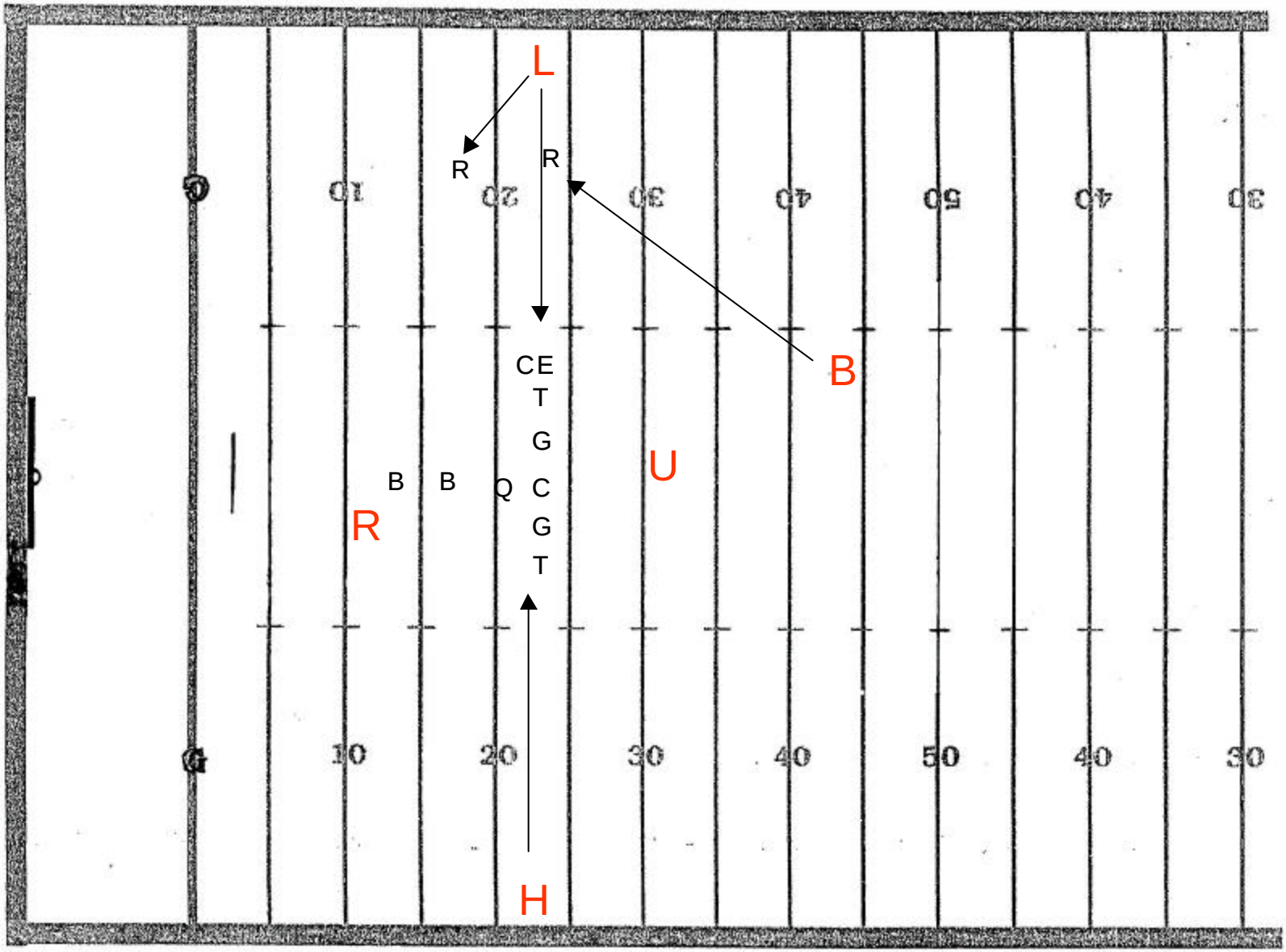
I formation Strong to H side (right) split ends both sides



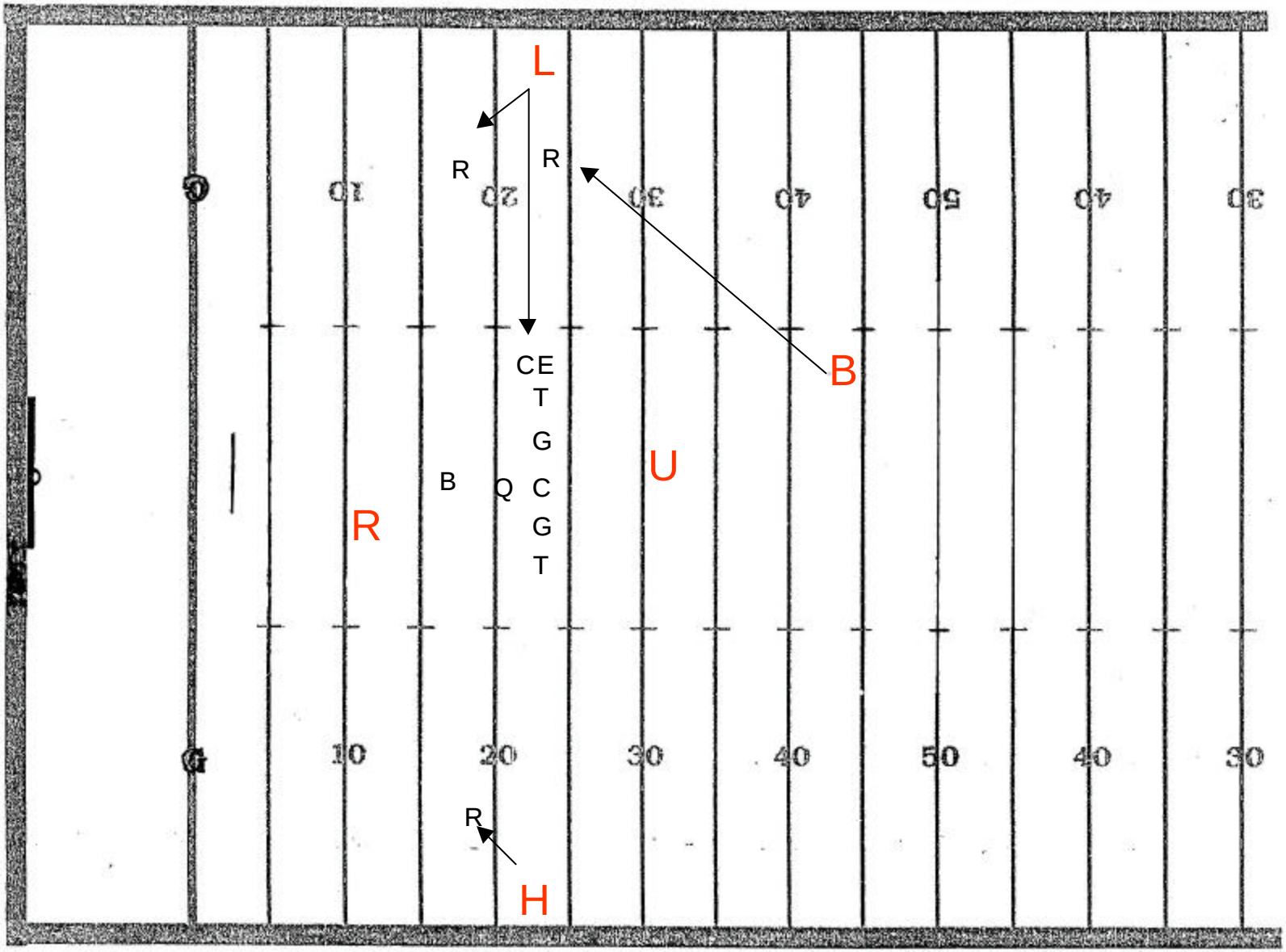
I formation unbalanced line wide receiver to L side CE= covered end



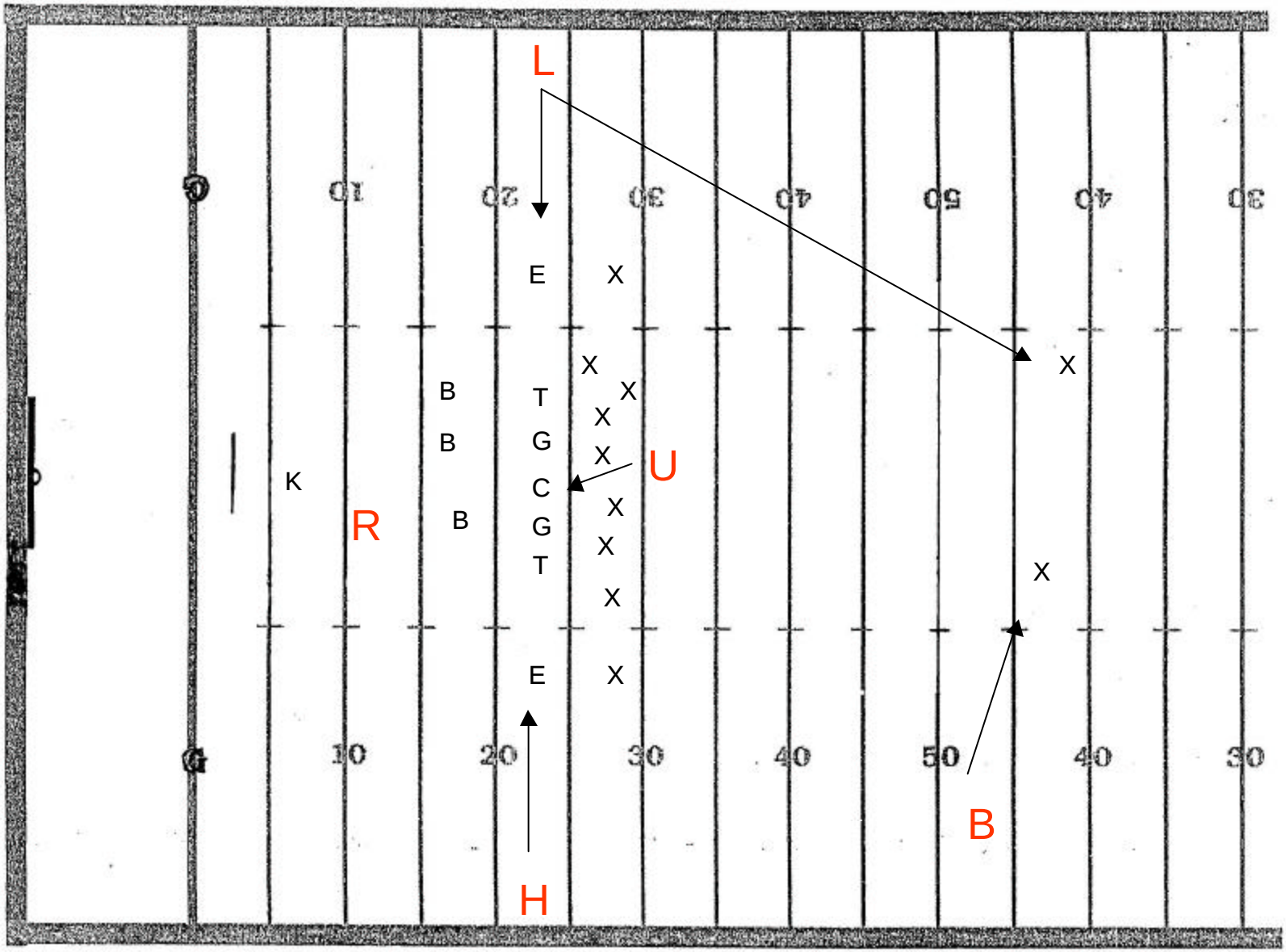
I formation unbalanced line to L side, split back to weak side CE= covered end



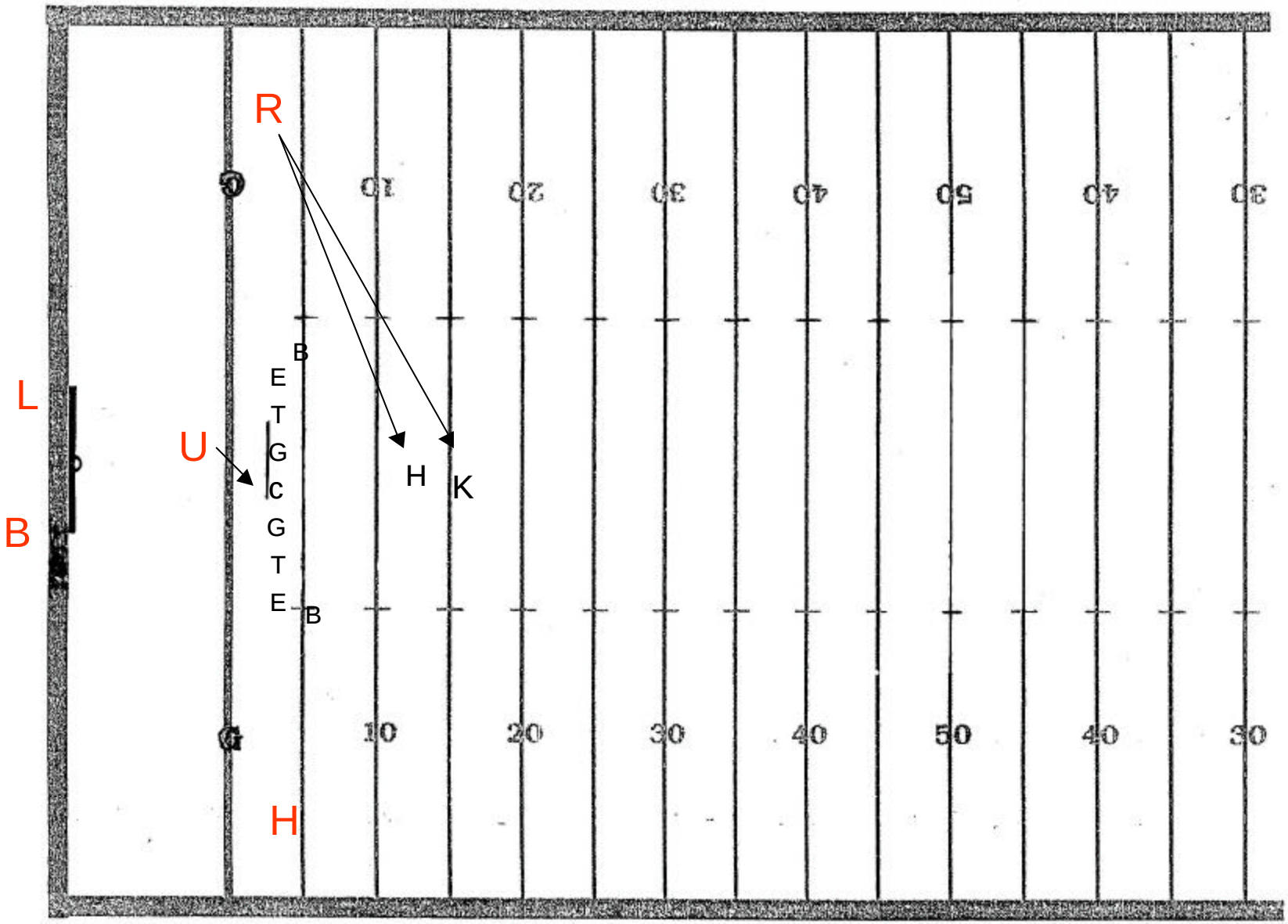
I formation unbalanced line to L side, split back to strong side CE= covered end



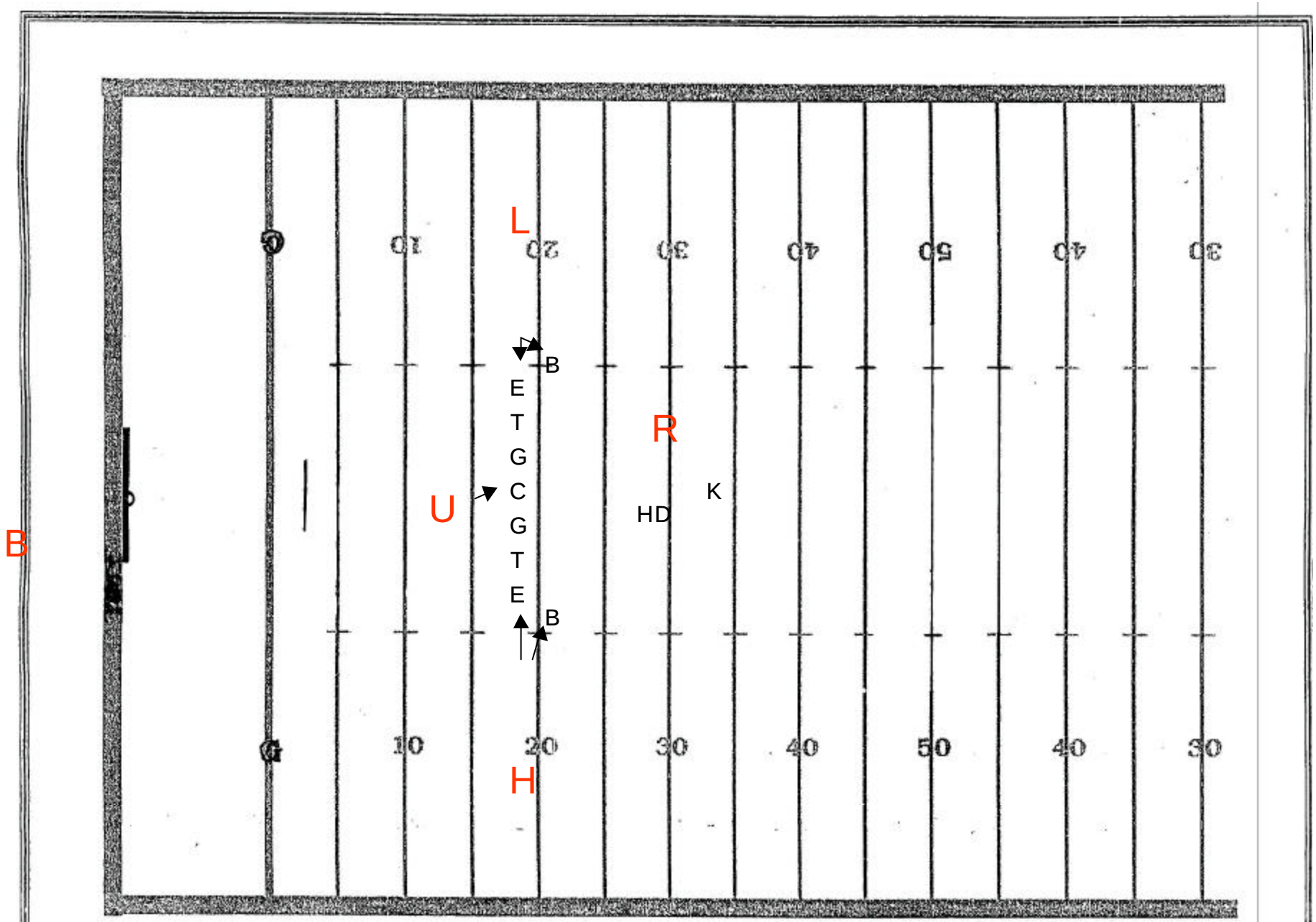
One back unbalance line to L side, split back to H side CE= covered end



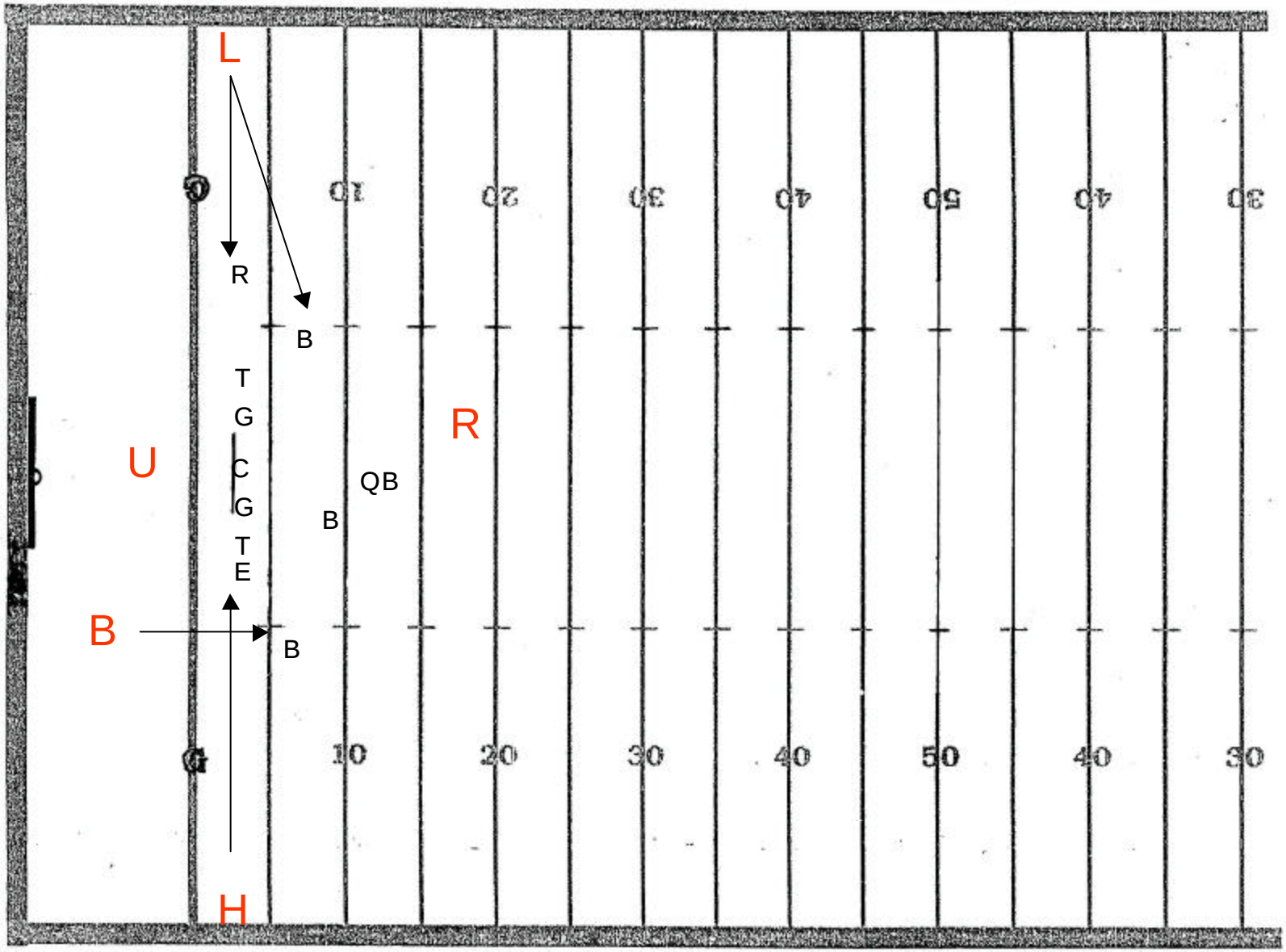
Punt Formation



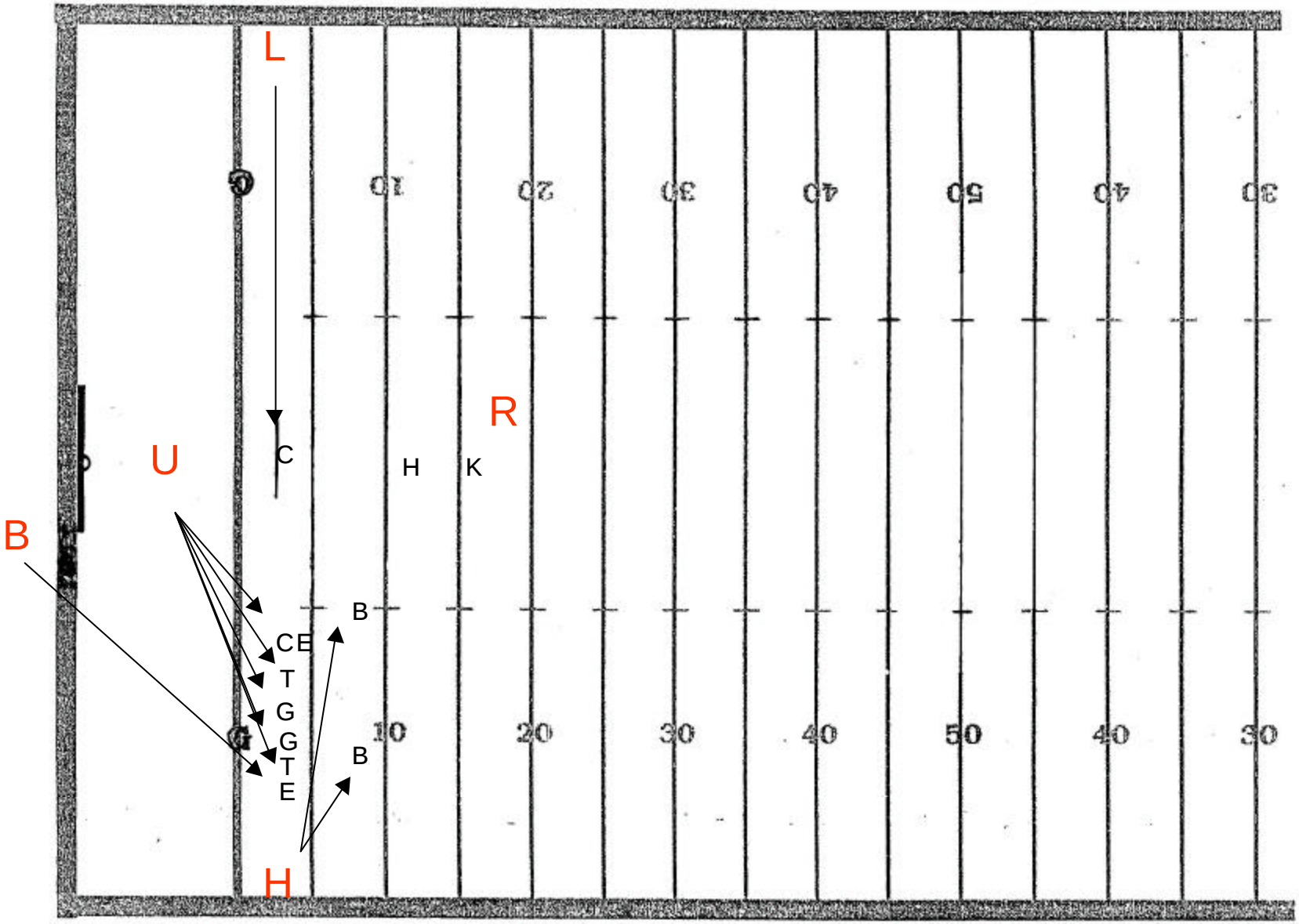
Extra Point Try & Field Goal Attempt 15 yd line & in



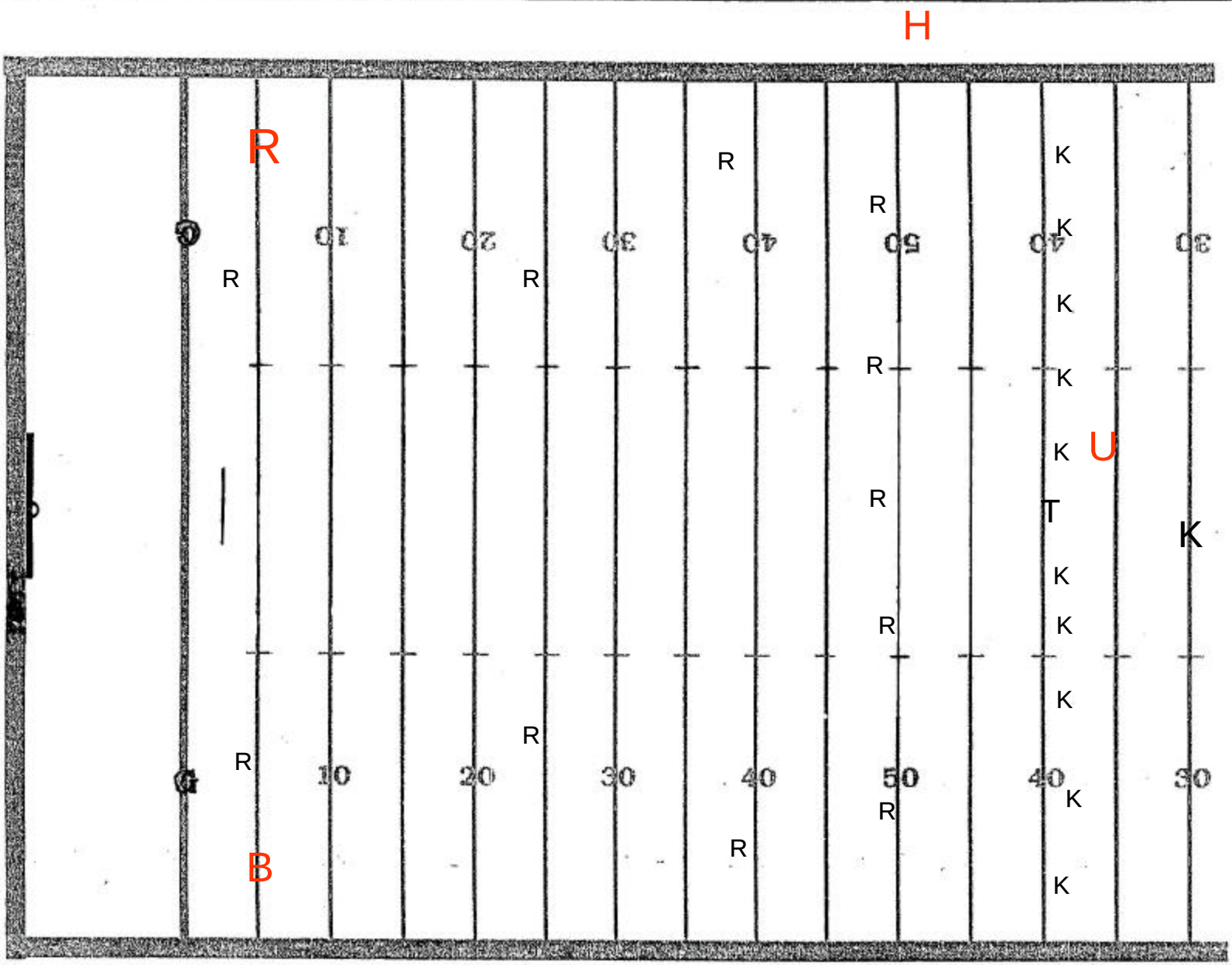
Field Goal Attempt Outside the 15 yd line



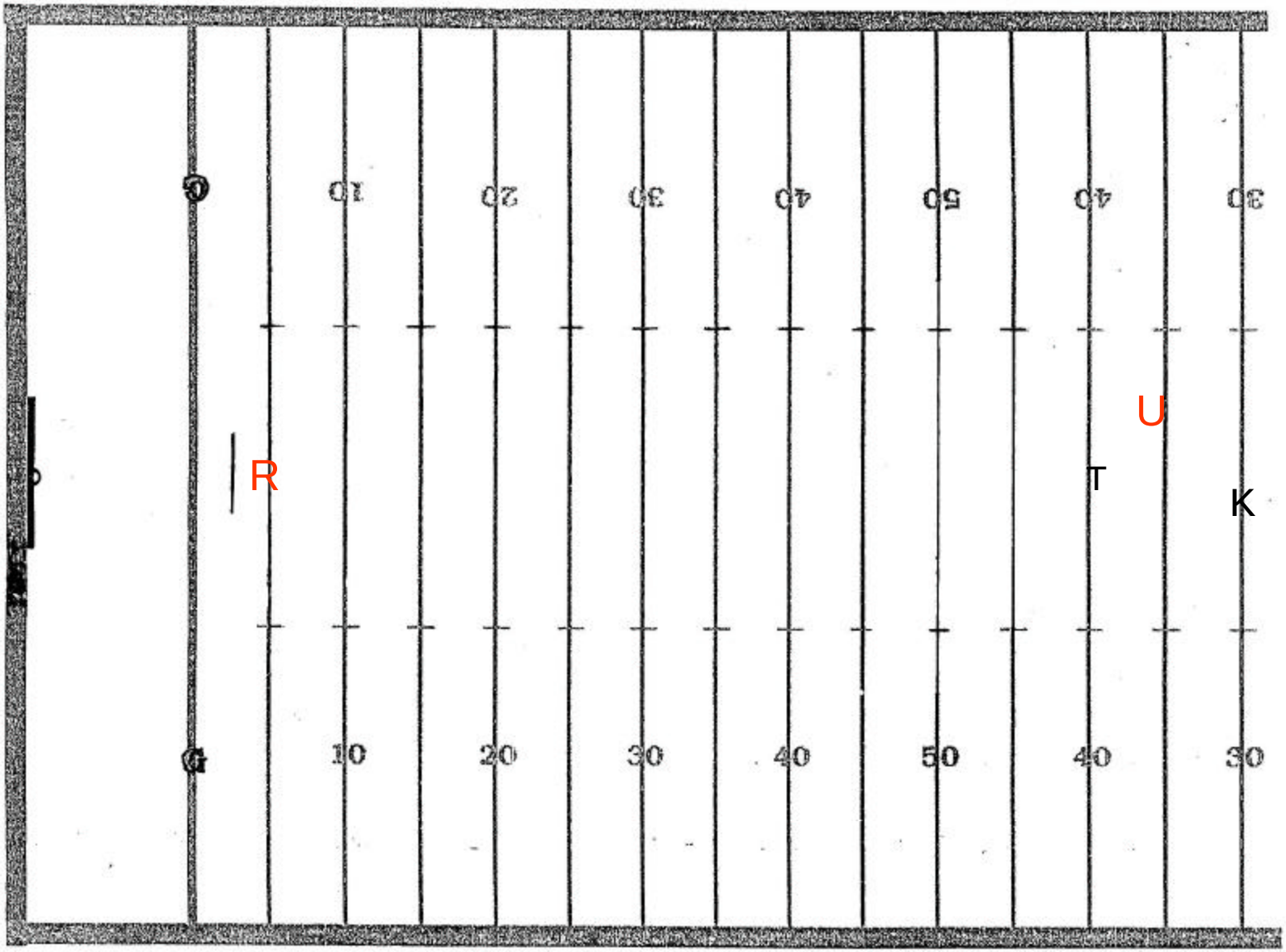
2 Point Try Attempt



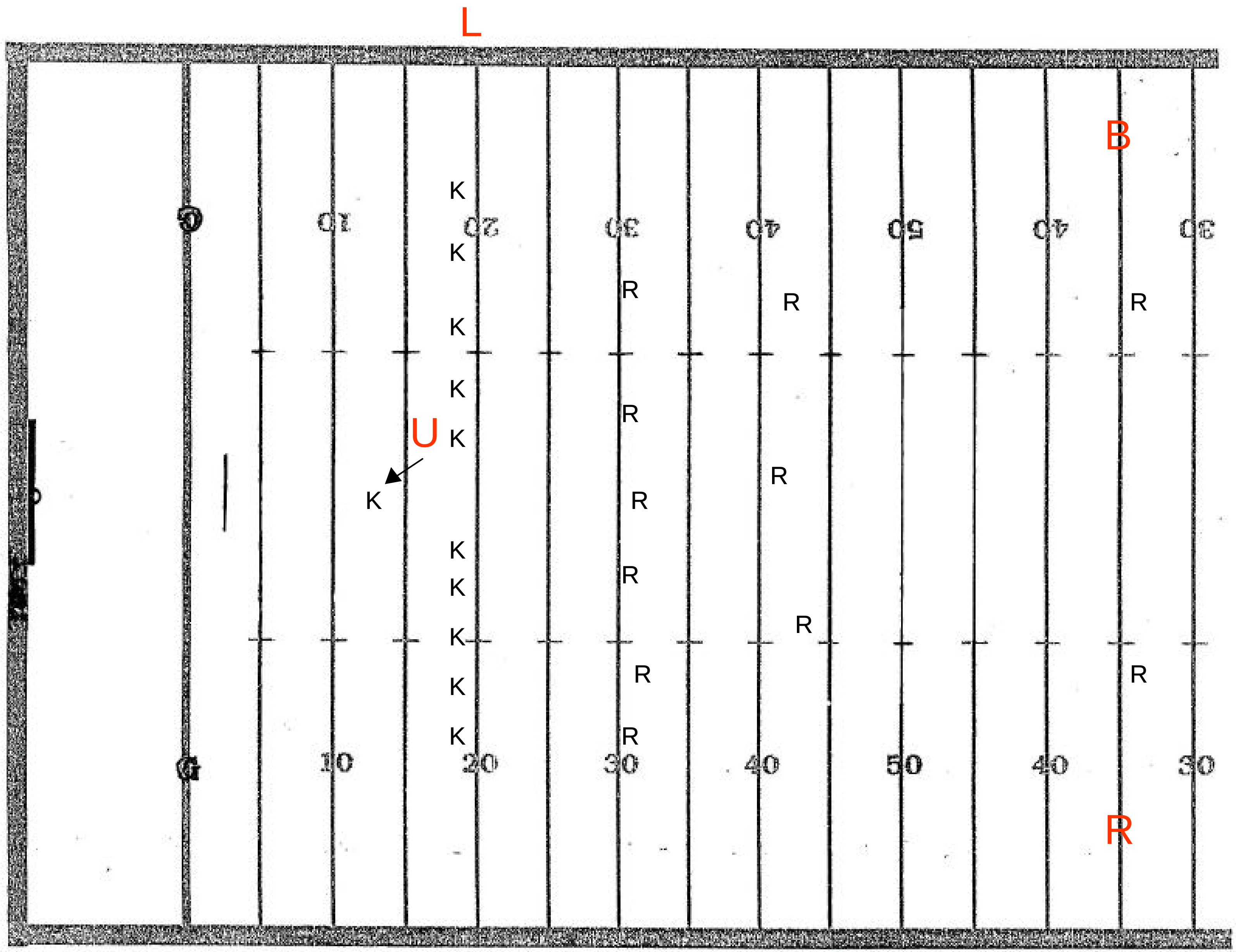
Muddle Huddle To H side showing Kick



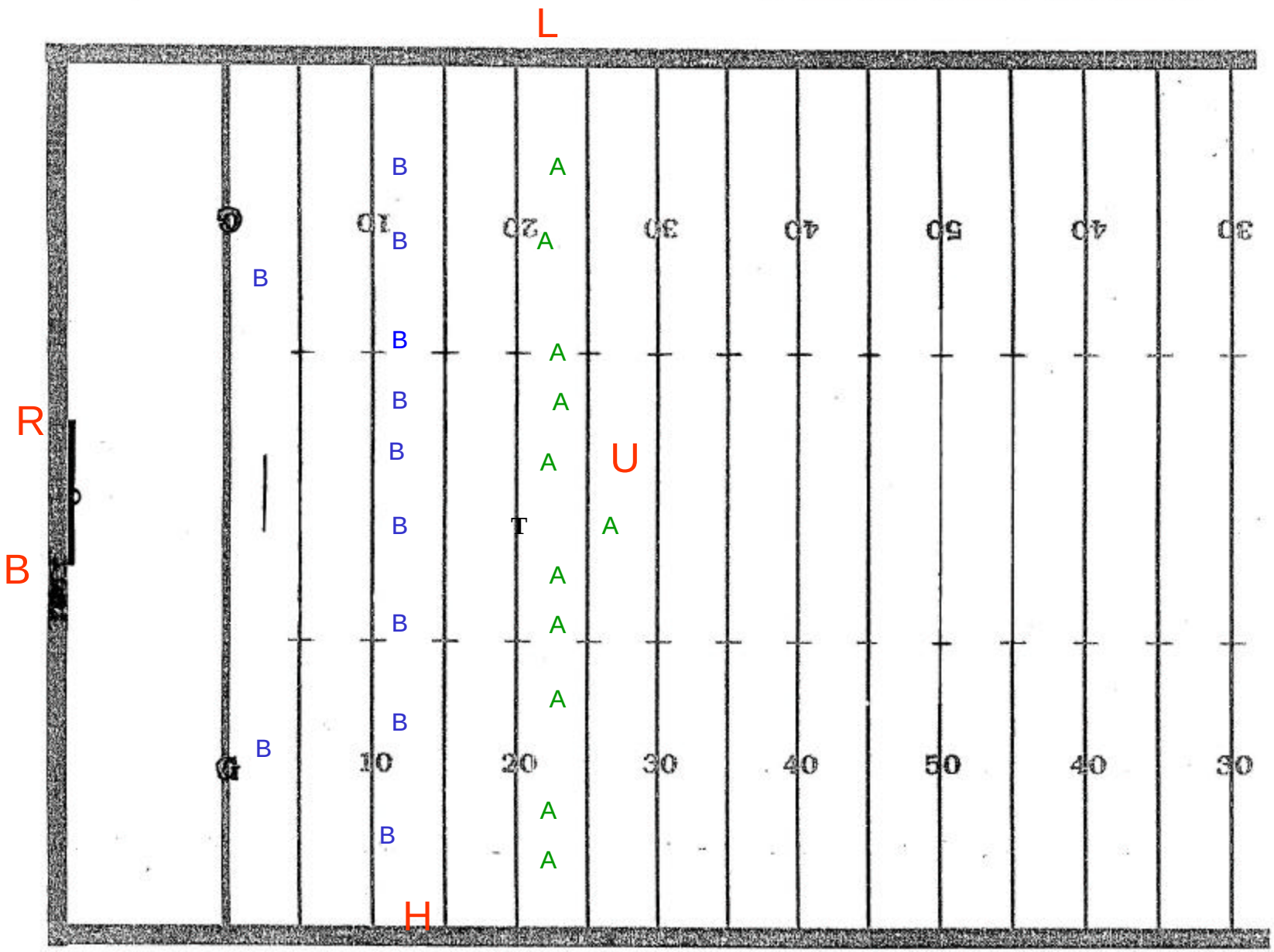
Free Kick – Kick Off - Regular Mechanics



Short Free Kick Mechanics



Free Kick After Safety



Free Kick After Fair Catch by A at the B 22

HUSTLE BUT NEVER HURRY

PARADE REST DURING ALL TIMEOUTS

RUN OR TROT ALWAYS – NEVER WALK TO POSITIONS

LOOK & MOVE SHARPLY – YOU NEVER KNOW WHO'S WATCHING

SEE THE BALL ON THE GROUND IN POSSESSION OF THE RUNNER

BEFORE BLOWING **THE WHISTLE**

OFFICIATE THE GAME ON THE FIELD NOT THE SIDELINE BEHIND

ALWAYS ADDRESS THE COACHES AS YES SIR OR NO SIR

LET THE GAME COME TO YOU – DON'T YOU TAKE THE GAME

THE RULES ARE WRITTEN IN BLACK & WHITE BUT THE GAME

IS PLAYED IN MANY SHADES OF GRAY

AS AN OFFICIAL REMEMBER YOU ARE APPOINTED NOT ANNOINTED

UNLESS YOU BRING SOMEONE WITH YOU NOBODY CAME TO WATCH YOU